

## DISCUSSION GUIDE | **RUN: A SACRED PLACE SHORT FILM**

### **ABOUT THE FILM:**

*Run* is the story of how content we create inspired a response. Our hope is this short film inspires you to respond; to see the people and place, your neighbors and neighborhood, as sacred.

Jesus said, “*Everything is summed up in two practices. Love God. Love neighbor.*” Our organization exists to help people love their neighbors and neighborhood. We hope this short film serves as inspiration how your everyday activities can cultivate a sacredness of place.

### **ABOUT MATT & MOLLY:**

Matt and Molly have been married for almost 20 years and running together the entire time. Both race triathlon and have been in the top ranks at the world championship level including Ironman World Championships and the 70.3 World Championships.

More than any race, they love the lifelong friends they have made by participating in the sport and running with their children Mason and Madison around the neighborhood.

### **DISCUSSION:**

1. What did you feel watching the film? Beyond what did you see while watching the film, can you locate a moment in the film where you felt something? What was it?
2. PRACTICE: RUNNING What is your immediate response to the idea of running “naked” and without any technological distractions?
3. Are there activities you choose to do without distractions? What might removing technological distractions from an everyday activity result in for you?
4. Matt and Molly have a practice of running when visiting places. What practices do you have that immerse you into new places when you travel or your own city?
5. PLACE: RUN SHOP Matt states in the film, “*The run shop is a sacred place.*” In what ways do you resonate or resist that statement?
6. How might naming a place as “sacred” shift your perspective or shift the perspective of others?

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7. *“Run clubs are as consistent as Sunday church.”* Matt says in the film. What are the consistent places in your life where you feel connected and known?
8. PRAYER: RUNNING Matt shares, *“I came to running before I came to faith”*. What are rhythms that have been grounding for you? Have you ever considered those rhythms as a type of prayer?
9. T.C. Johnstone ([tcjohnstone.com](http://tcjohnstone.com)) is a friend and award-winning documentary film maker. He states his films are to entertain, educate, and equip audiences to move from viewer to participant. The goal is a response through engagement and action. What would be a potential response for you after seeing this short-film?
10. What would be one thing you would like to explore more in a conversation after watching this film? Who would you want to continue the conversation with?

### **INVITATION:**

Sacred Place creates content to help people cultivate love for their neighbors and neighborhood. Our financial support is from generous individuals, congregations, and organizations who believe in a cultural moment of isolation, cultural division, and relational loneliness - loving our neighbors and neighborhoods is a signpost of hope.

Your financial gift is an investment into creating beautiful content like this film. Thank you so much for watching and sharing in the experience of our first short film, *run*.



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